

## **Protest Daily**

Protest, daily, in some way. Wear a button. Hand out leaflets. Talk with your friends and neighbors about how best to change things (this list may be a good start?). Speak out as an offending behavior is manifested in your presence. (Such as McDonalds selling sugar, fat and salt with exploited labor, livestock and foreign resources, not even having a restroom for customers in their facility. Or car dealers that continue to sell cars that distribute toxic poisons in our air and water.) Protest businesses that are funding our current government with profits made possible by those same government official's policy creations on their behalf. And let your elected reps (write, phone, visit) know that you will not vote for them if they continue to allow these abominations to continue. Then vote for someone who has a platform that will implement policies you support. Do the right thing each day and don't worry about others thinking you may be socially incorrect. "Going with the flow" is what got us into Iraq and the rest of the messes we are in.